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October 2008

Bethlehem
Chamber of Commerce

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BETHLEHEM CHAMBER OF COMMERCE

NEWS

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Health & Wellness Fair

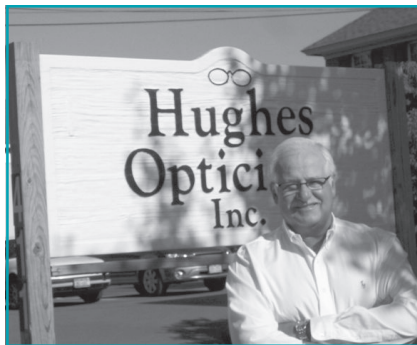
Join us Thursday Oct 16 from 8am to noon for a free **Health & Wellness Fair** sponsored by your Chamber of Commerce and MVP Health Plan at the **Holiday Inn Express** Western Ave in Albany. This is a great opportunity to learn more about the specially priced 2009 health insurance plans MVP offers for businesses.

Don't be left in the dark!

Are you getting Chamber e-news? Every other week, your chamber of commerce sends a quick update on events and happenings in our area! If you aren't receiving these e-bursts, be sure to add info@bethlehemchamber.com to your safe senders list, and let us know if your email address is new or has recently changed!



MEMBER NEWS:



Hughes Opticians recently completed an expansion and remodeling at their location on Kenwood Ave in Delmar. Stop by for a tour of the beautiful new showroom and find out what's new and exciting in the way of eyewear.

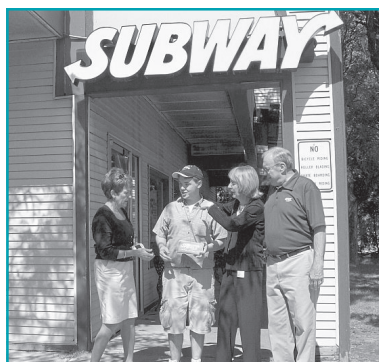
Tri-Village Nursery School, at the First United Methodist Church on Kenwood Avenue, now has openings for 3 & 4 year olds. For more information go to www.trivillagenurseryschool.com.

October is Massage Therapy Awareness month! **Balance Massage Studio** in Main Square is hosting a Fibromyalgia Support Group on the 3rd Wednesday of each month from 6:30-8:30pm, with a special on October 15th, demonstrating various techniques in body work. All are welcome. Their newest therapists are Sonja Condon, LMT, and Caitlin Lennon.

KinetiCast, Inc. is the simplest way to create, deliver and track on-line presentations. By sending your prospects a KinetiCast presentation and leveraging their tracking feature, you can reduce your prospecting time and close more deals. For more information call Mike Grosso at 320-8987 or email mgrosso@timisa.com.

Save the date for **St. Thomas School's Fourth Annual 'Shop Til You Drop' Craft & Scholastic Book Fair** Saturday, November 1st from 10am to 4 pm. Start your holiday shopping early! Featuring jewelry, hand-made American Girl doll clothes and furniture, knit scarves and bags and floral arrangements just to name a few! Admission is free! Bring a friend and come enjoy part of your day with us at St. Thomas the Apostle School, 35 Adams Place, Delmar.

Congratulations to **Subway of Glenmont** on their 5th Anniversary! One of the area's top stores, they are located at the corner of Feura Bush Rd and RT 9W. Owners Dale & Myra Nelson with Nic Marro and Chamber president Marty DeLaney.



Capital Communications Federal Credit Union has promoted Melissa Volk to Sr. Manager of Finance. She has been with the credit union for 5 years. Previously the credit union's controller, she will now assist the VP with strategy, data analysis, asset liability, budget control and special projects.



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