

\$0 copay preventive services with your plan

Covered preventive services for adults

- Abdominal aortic aneurysm screening for adults over 50†
- Alcohol misuse screening and counseling
- Aspirin use for men age 45-79 and women (age 55-79)*
- Blood pressure screening
- Cholesterol screening for adults of certain ages
- Colorectal cancer screening (colonoscopy, sigmoidoscopy, fecal occult exam) for adults over 50†
- Depression screening
- Diabetes type 2 screening for adults over 19
- Diet counseling
- Human immunodeficiency virus (HIV) screening
- Immunization vaccines—doses, recommended ages, and recommended populations vary:
 - Hepatitis A
 - Hepatitis B
 - Herpes zoster
 - Human papillomavirus
 - Influenza
 - Measles, mumps, rubella
 - Meningococcal
 - Pneumococcal
 - Tetanus, diphtheria, pertussis
 - Varicella
- Obesity screening and counseling
- Sexually transmitted infection (STI) prevention counseling
- Tobacco use screening
- Syphilis screening

Mammography Screenings

Studies show that mammography screening can help reduce the number of deaths from breast cancer among women age 40 to 74. Early detection of breast cancer means that treatment can be started earlier in the course of the disease, possibly before it has spread.

[cancer.gov](https://www.cancer.gov)

Covered preventive services for women, including pregnant women

- Anemia screening on a routine basis for pregnant women
- Bacteriuria infection screening for pregnant women
- BRCA counseling about genetic testing
- Breast cancer mammography screenings every 1 to 2 years for women over 40†
- Breast cancer chemoprevention counseling
- Breast-feeding interventions to support and promote breast feeding
- Cervical cancer screening
- Chlamydia infection screening
- Counseling for sexually transmitted infections (STIs)
- Counseling and screening for human immunodeficiency virus (HIV)
- Contraceptive methods and counseling*
- Folic acid supplements for women, up to age 63, who may become pregnant*
- Gonorrhea screening
- Hepatitis B screening
- Human papillomavirus testing
- Osteoporosis screening for women over 60†
- Rh incompatibility screening for all pregnant women
- Screening and counseling for interpersonal and domestic violence
- Syphilis screening for all pregnant women
- Well women visits
- Screening for gestational diabetes
- Tobacco use screening for all women, and expanded counseling for pregnant tobacco users

Colorectal Cancer Screenings

At least 6 of every 10 deaths from colon cancer could be prevented if every adult 50 years or older had regular testing.

[cancer.gov](https://www.cancer.gov)

Covered preventive services for children

- Alcohol and drug use assessments for adolescents
- Autism screening for children at 18 and 24 months
- Behavioral assessments
- Cervical dysplasia screening for sexually active females
- Congenital hypothyroidism screening for newborns
- Developmental screening for children under age 3, and surveillance throughout childhood
- Dyslipidemia screening for children at higher risk of lipid disorders
- Fluoride chemoprevention supplements for children 6 months to 5 years old without fluoride in their water source*
- Gonorrhea preventive medication for the eyes of all newborns
- Hearing screening for all newborns under 1 year old
- Height, weight, and body mass index measurements
- Hematocrit or hemoglobin screening
- Hemoglobinopathies or sickle cell screening for newborns under 1 year old
- HIV screening
- Immunization vaccines—doses, recommended ages, and recommended populations vary:
 - Diphtheria, tetanus, pertussis
 - Haemophilus influenzae type B
 - Hepatitis A
 - Hepatitis B
 - Human papillomavirus
 - Inactivated poliovirus
 - Influenza
 - Measles, mumps, rubella
 - Meningococcal
 - Pneumococcal
 - Rotavirus
 - Varicella
- Iron supplements for children ages 6 to 12 months at risk for anemia*
- Lead screening for children at risk of exposure
- Medical history for all children throughout development
- Obesity screening and counseling†
- Oral health risk assessment for young children
- Phenylketonuria (PKU) screening for this genetic disorder in newborns
- Sexually transmitted infection (STI) prevention counseling for adolescents
- Tuberculin testing for children at higher risk of tuberculosis
- Vision screening†

Additional services covered in full for adults

- Prostate-specific antigen screening†
- Routine obstetrical/gynecological exam†
- Routine annual physical†
- Routine labs ordered as part of a routine annual physical or routine obstetrical/gynecological exam†
- Routine eye exam†

For details on any of these preventive services, please call 1-800-888-1238

* Prescription required.

† For members enrolled in a commercial, direct pay, Healthy NY, New York State of Health or ASO plan, please be aware that some of these services may have a copay, annual limits, or may only be covered in certain age ranges.

For more information, please refer to your plan documents or call us at the customer service number on the back of your member ID card.

